

The Cuckoo's Nest

(In-column dance using the same steps as William and Nancy.)

Bledington, Handkerchiefs 2016 Midwest Ale

Once to yourself, face up; begin moving with jump on bar 8.

Foot up and down, hook leg out, turning to face partner before starting down

Chorus 1 – salute

Half Gip (forward into a single line in center of set)

Chorus 2 – half capers (forries or foré capers)

Whole Gip (two double steps to go CW 3/4 around partner [at this point partners are facing each other, up and down the line], then hook-leg into original places; repeat going CCW 3/4 around partner for the second half)

Chorus 3 – RTBs

Half Rounds (move round approximately 3 places, turn outward to reverse)

Chorus 4 – Upright Capers

Choruses:

All dancers stand facing the musician (top of the set) to begin. First couple does the action indicated on bar 1, the second couple does the action on bar 2, the third couple does the action on bar 3, and all hook leg into a half hey on bar 4. At the end of the *first* half hey face down to repeat. *Same couples* repeat in the same order as before. At the end of the *second* half hey, face as needed to begin the following figure.

Chorus 1 – salute using right hand when facing up; salute with left hand when facing down.

Chorus 2 – half caper (forrie or foré caper) using right foot start when facing up; use left foot start when facing down.

Chorus 3 – RTB (Right Toe Back) when facing up; use LTB (Left Toe Back) when facing down.

Chorus 4 – Upright Caper (right) when facing up; use Upright Caper (left) when facing down.

NOTES

Bledington stepping:

Two double steps followed by a hook leg and two plain capers.

Outside foot start for all figures except heys: foot up and down “odds” start left foot but “evens” start right foot; all other figures start left foot for all dancers.

“Hard foot” start for all half heys: dancers #1, 3 and 6 start right foot, other dancers start left foot; use opposite footwork for second half of the hey.

Upright Capers: there are various ways of performing Bledington uprights, and many teams use Sherborne “splitters”.

Bledington Arm Movements:

Generally use counter twists during double steps, arms out to sides during hook legs, and waves during plain capers. There is much variation between teams.

[description by Ed Stern]