

South Australia – Adderbury Stick

This dance follows pretty standard Adderbury styling, with some nautical additions.

Walk around singing:

Hold your stick horizontal, with both hands on the stick. Try to align your stick with your opposite's as you walk around. This move mimics turning a capstan to raise or lower the anchor on a ship. On the last four counts, break the formation and do 4 plain capers facing up to form the set.

Words: In South Australia I was born, heave away, haul away. In South Australia, round Cape Horn and we're bound for South Australia.

Figures:

Foot up and up

Half Gip (to a single line)

Processional Down

Processional Up

Hands Round

Adderbury (Country Dance) hey

Basics: Please refer to Bacon or other reference for descriptions of the figures and basic stepping.

Chorus:

On count 1, apprentice presents stick horizontally, held at about head height, somewhat in front of the apprentice's head. On the count of 2, the master strikes the apprentice's stick with a chopping type motion. On counts 3 and 4, reverse, with the master presenting and the apprentice hitting.

On counts 5 and 6, high stick with partner, first forehand then backhand. Rotate your stick over your own head (CCW direction), then clash on 8 (FH). Move down the set while facing across, mimicking pulling on ropes. On the strong beat, step on your downside leg with a heavy downward feel. On the "and" beats, step on the ball of your upside foot. The count is 1 and 2 and 3 and 4. All face up and move back up the set with four plain capers.

Sing during the last chorus:

Haul away you rolling kings, heave away, haul away. Haul away you'll hear them sing and we're bound for South Australia.